

Garretson Weekly School Newspaper - Garretson, SD - Volume 3, Number 30

### This Week's Need to Know

**FACT OF THE WEEK:** Today is April Fool's Day. Some of these articles are true but some are not. Can you tell the difference?

### BRAIN TEASER OF THE WEEK:

Unscramble these April and April Fool's Day words:

anir: \_\_\_\_\_

nunsy: \_\_\_\_\_

anrkp: \_\_\_\_\_

ejko: \_\_\_\_\_

*Answer on back page*

**JOKE OF THE WEEK:** Why wasn't it a good idea to let the dinosaur drive?

*Answer on back page*

### UPCOMING EVENTS:

#### Friday, April 1

- HS Band/Choir Chicago Trip

#### Saturday, April 2

- HS Band/Choir Chicago Trip

#### Sunday, April 3

- HS Band/Choir Chicago Trip

#### Monday, April 4

- Club Baseball @ Canton (6:00)

- ACT Prep—Science (6:30)

#### Tuesday, April 5

- Track @ West Central Invite (4:00)

#### Thursday, April 7

- 7/8 Track @ Flandreau Invite (4:00)

- ACT Prep—English (6:30)

#### Friday, April 8

- Golf @ SD Class B Classic in Mitchell

- Club Baseball v. Tea (6:00)



Scan for the full upcoming event schedule

## Chairs in Garretson to be Replaced by Balance Balls

By Annika Hanson

Balance balls were originally developed in the 1960s for the purpose of physical therapy, but what if they were also used in the classroom?

On March 22nd the opt out was passed with a leading vote of yes. Now that the school has a steady income flowing in again, they are finally able to finance something new for the school. Naturally it had to be educational and fun, so what's better than a stability ball?

A stability ball can mean multiple things, but for school purposes, it would mean that all the chairs in Garretson would be replaced with bouncy exercise chairs. So why would this be beneficial? Stability balls have been scientifically proven to help with focus, test scores, legibility, engaging the mind, better posture, and classroom experiences.

### Focus

When students sit on a stability ball, both sides of the brain becomes engaged. This is because their brains have to keep focused on staying on the center of the stability ball, even if the movement is slight. Not only is the brain better suited to processing new information, young minds are also better able to concentrate on exams, note taking, class discussions, and other aspects of classroom learning. Better focus means better grades.

### Test Scores

Scientists have proven that children get better grades while sitting on stability balls. This is because they are more focused and productive while taking a test, leading to better scores.

### Legibility

After teachers got stability balls for their students they noticed an astonishing improvement in their writing. Scientists compared students who sit in normal chairs and students that sit on stability balls. It was shown that the students on stability balls had much better writing than the students in regular school chairs.

### Attention Challenged

Some children have an unfortunate chronic condition called ADHD, Attention-deficit/hyperactivity disorder. This can include attention difficulty, hyperactivity, or

impulsiveness. There are more than 3 million cases including ADHD per year in the United States. Naturally this is affecting students in schools. Fidgeting helps kids with ADHD concentrate, just a little movement on the ball can meet their demands for expelling excess energy.

Eighth grader Tessa Pederson commented, "Some people just need to move around."

### Better Posture

Stability balls force students to sit up straight and engage in better posture than they might ordinarily in a standard school chair and desk. Sitting up straight can help with back pains, circulation, drowsiness, and even social experiences.

### Classroom Experiences

Let's face it, students would have a "ball" on stability balls. Having fun is not the purpose of school, but it is part of being a kid. Teachers could have exercises in the morning to engage the students in morning activities. As long as every student uses the stability balls properly, it could lead to fun and entertaining classroom activities.

Eighth grader Geraldine Fry stated "Stability balls would be awesome and comfortable."

Unfortunately stability balls will not be coming to Garretson until next year, so until then students will have to put up with regular chairs and desks. Mr. Johnson may be leery the benefit that stability balls could provide. The students may have to band together to convince Mr. Johnson that stability balls would be a huge plus to the school. The decision won't be determined until this summer, but Garretson hopes for the best!



## Buchholz is "Surviving" Another Game Show

By Alyssa Bunde

We all thought Misses Buchholz was a star for being on *Wheel of Fortune* but, surprise! Her day in the spotlight is far from over as she will be joining the cast for the long time running show *Survivor!*

So how did our very own GHS teacher get yet another opportunity such as this? Miss B elaborated, "After being on *Wheel of Fortune* I kind of got a game show bug. So I scoured the internet for various shows that were doing castings or auditions and *Survivor* happened to get back to me after an online video I submitted."

With this being season 33 of *Survivor* the producers have had to have seen it all. In fact, Google *Survivor* audition tapes and you'll die of laughter. So what did Mrs. Buchholz submit? Well she got creative and had herself face the toughest challengers of all time! Her own kids! Mrs. B had her two eldest star as "beasts" that she has to overtake to "survive."

When asked about the reasoning behind the skit she answered, "It was

to show that I am family orientated and feature my personality."

While we've all grown fond of Buchholz' personality, it will be interesting to see how she meshes with the others. Luckily she has gathered a plan so she doesn't get the boot right away. She intends on making alliances with a strong core group so they can be the manipulators instead of the manipulated. Mrs. Buchholz also stated she is fairly personable and adaptable, which will definitely come in handy.

In the unfortunate event of other contestants despising our teacher, she stated how she would handle it, "I

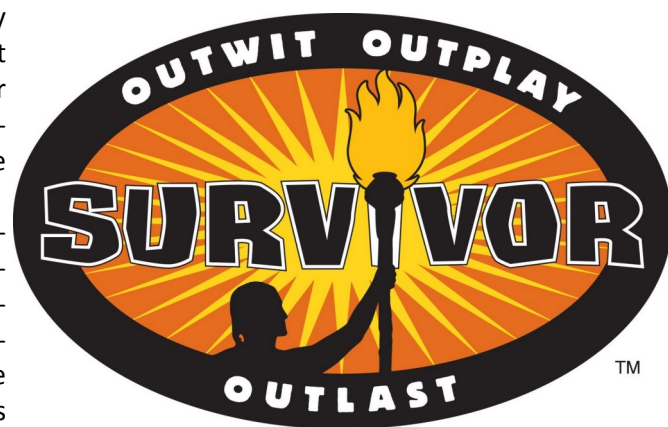
think that's when my competitive spirit would just take over and my previous alliance will help alleviate that potential issue."

Since the only indication of the location given was, "It's somewhere tropical" it's understandable to be nervous for Mrs. B's

safety and well-being. But then we must remember how competitive Miss B. is. So there is no way she'd go into this without training. We were right. Buchholz has been trying to get in shape via running and lifting weights.

She also stated, "I'm also trying to watch what I eat so my body doesn't go into shock when I don't have a solid source of protein everyday."

So while Buchholz may be off in an exotic island this summer fending for her life, we'll all be here cheering her on! Just think, we might currently be in the presence of a future *Survivor* champ!



## Garretson Resident Contracts Possible Zombie Virus

By The Zombie Who Started It All

Who would've thought that the wee little town of Garretson, South Dakota would be the possible site of the beginning of a global catastrophe? No, not many would think that. HOWEVER, Alex Uhl may have accidentally jump started a zombie apocalypse. Here's what we know so far.

It all started when Mr. Uhl was complaining of a sore throat on Tuesday morning. He said "Ugh, I feel like I'm gonna cough up a lung."

He also addressed the irritations in his throat in several text messages to his mother. "I thought it was just because it was getting dry out," said Anna Uhl, mother of the infected young man.

On Wednesday morning, Alex woke

up around 5:45 am to attend track practice, which was at 6:30 am. He felt ill and more importantly, began several long coughing fits and hacks that would leave him exhausted and his gullet damaged. Despite his valiant attempts, he could not attend track practice nor school for that matter. He huddled back into his bed and slept for most of the day whilst taking an occasional dose of ibuprofen.

Later that day, Alex Uhl's family members said that he was acting aloof. His younger brother, Zachary, had this to say about him: "He-he was walking around being gross." Other eyewitness accounts describe him as a shambling corpse just barely staying on its feet, while moaning and letting out the oc-

casional cough. His parents thought he simply had strep throat, and was just trying to entertain himself while going through this horrible ordeal.

The next day, Alex Uhl was driven by an insatiable hunger to the downstairs area of his residence. There he began to riddle his way through all of the edible substances within, both fresh and rotten. Eventually, his siblings would come home from school to see this horrible creature that once was their brother. He then scurried on past them and headed off to work where he disappeared.

If you see this young man, he must be reported to FDC immediately. If the virus that has inflicted him spreads, then God Help us all.



## Tim Tebow—the Next President?

By Isaiah Mader and Micaiah Lee Mader

Although we all know Tim Tebow as a football star, he has recently expressed interest in politics. He recently stated that a future career in the political field would be "intriguing." He just got cut from the Philadelphia Eagles in September and is looking to begin a new chapter in his life.

When sophomore Nicholas Lundberg was asked about this idea, he said, "I think he will make a better politician than he did a quarterback because he was quite awful at that."

The retired NFL quarterback said, "You know I don't know in this time in my life, but if there's a chance you can

make a difference someday in something, then that would be intriguing."

There is currently a lot of turmoil between the two political parties and Jacob Liester said,

"Maybe if they get somebody smarter than Trump in there, good things could happen."

Although Tebow has never been a politician, he is a smart man and has good ideas, a soon appearance might prove beneficial for the United States.

Tebow rarely speaks about his political views, but it is assumed that he would take the conservative viewpoint as he is very religious.

Even though he is primarily known for his time on the football field, his donations to third world countries and the less fortunate are a huge part of



his life. Of his contributions, the most known is that he built a hospital in his home country of the Philippines. He also established the Tim Tebow Foundation whose primary focus is to spread God's love to children all over the world.

Over the past few years Tebow has traveled the country speaking to crowds on being a man of faith. This campaign has garnered him a significant number of followers which just might buy him a spot in some prime time politics.

## Senior Spotlight



**NAME:** Brady Schleuter

**SENIOR PROJECT:** Build an Entertainment Center

**ACTIVITIES INVOLVED IN:** Wrestling, Club Baseball

**WHO/WHAT WILL YOU MISS MOST:** Friends, Teachers

**PLANS FOR NEXT YEAR:** Attend DWU for Elementary Ed and Wrestle

**ANSWERS: Brain Teaser:** rain, sunny, prank, joke

## Scholarship Corner

- **Home Builders Association Scholarship (\$1000)** - Multiple scholarships available. Pursuing a Home Building Industry related field of study. Due April 4, 2016

- **American Legion Auxiliary Scholarship (\$300)** - Two scholarships available. Must be a child or grandchild of Auxiliary or Legion member of Henry G. Fix Unit or Post. Due April 7, 2016

- **Split Rock Clinic Association Medical Scholarship (up to \$1000)** - Possible for multiple scholarships. Pursuing a medical field degree (doctor, nurse, physical therapist, chiropractor, etc). Due April 15, 2016

- **LG Everist Inc Scholarship (\$2000)** - Pursuing a mechanical or technical field related field of study. Preference to students who show interest in mining, railroading, or mechanical work. Due April 30, 2016

Please check your email for links to these scholarships.

**Joke:** Because he always got into t-"wrecks

